

All At Sea

Rosie Philomena





**Your life voyage will have many high points
When you're riding the crest of a wave
In the storms though, be wary of people
Who are drowning that you're trying to save**

Rosie Philomena



**For you might not be best placed to save them
As quite often you won't be equipped
You must leave it to fully trained experts
Or you'll both find yourselves set adrift**

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**Remember, don't give them your life vest
You can't help if they sink or they swim
We're responsible for our own actions
There's a chance that they could pull you in**

**And to some, you should never grant passage
With their sweet talk you're easily lulled
So beware of these silver-tongued lovers
They're the ones drilling holes in the hull!**



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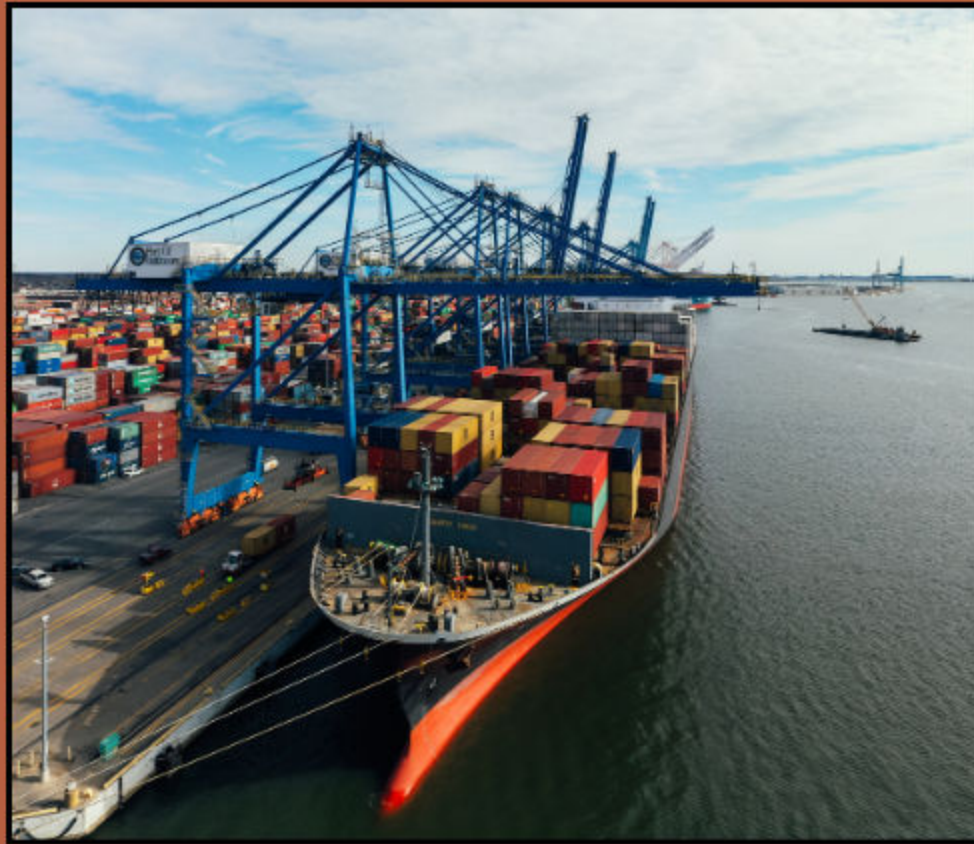


**Just make sure that your boat has a life raft
You will then have the option to jump
But the timing of this will be vital
Take too long and your boat will be sunk**

Rosie Philomena



**It takes time and a great deal of effort
Just to find out where you're meant to be
Since this voyage that you've undertaken
You feel shipwrecked and lost out at sea**



**Since your boat has been laden with cargo
It's high time it was thrown overboard
For a while now, your boat has been sinking
Your main aim is to safely reach shore**

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**You're allowed to consider your options
When you're lost out at sea in distress
For we're all on our own personal journey
And we don't want a life filled with stress**



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**If the time ever comes in the future
When you're sinking, then send up a flare
In the distance you'll notice a lifeboat
And you'll know God has answered your prayer**

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On some journeys you have to sail solo
Feeling free with the wind in your hair
And healing for me would be like this
A blessed time for much needed self-care

**If I'm blessed, I'll find my perfect shipmate
We'll be rowing as part of a team
With our oars in a smooth steady rhythm
We can set off in search of our dreams**



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Until then, God is in the boat with me

And I trust with Him, I'll never drown

He has kept me afloat many times now

When the world and life has knocked me down

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